

## SELF ASSESSMENT GUIDE

Qualification:	<b>HEALTH CARE SERVICES NCII</b>		
Project:	<b>PROVIDE HEALTH CARE SERVICES TO PATIENTS</b>		
Units of Competency Covered:	<ul style="list-style-type: none"> <li>• <b>Prepare and Maintain Beds</b></li> <li>• <b>Collect and Maintain Linen Stocks at End-Users Location</b></li> <li>• <b>Assist in Patient Mobility</b></li> <li>• <b>Assist in Transporting Patients</b></li> <li>• <b>Assist in Bio-Psychological Support Care of Patients</b></li> <li>• <b>Handle Waste in a Health Care Environment</b></li> </ul>		
<b>Instruction:</b>			
<ul style="list-style-type: none"> <li>• Read each of the questions in the left-hand column of the chart.</li> <li>• Place a check in the appropriate box opposite each question to indicate your answer.</li> </ul>			
<b>CAN I?</b>	<b>YES</b>	<b>NO</b>	
• Prepare area for bed making*			
• Make up bed*			
• Perform after care activities of tools, materials and equipment that I used*			
• Collect soiled linen*			
• Distribute clean linen*			
• Maintain linen stock level*			
• Prepare to assist with patient mobility*			
• Assist with patient mobility*			
• Complete patient mobility assistance*			
• Prepare patient for transport*			
• Assist in patient transport*			
• Perform post transport procedures*			
• Establish and maintain rapport with the patient*			
• Obtain information regarding the bio-psychosocial needs of the patient*			
• Provide assistance to meet patient needs as directed by a health professional*			

• Determine job requirements related to waste handling in a health care environment*		
• Identify and segregate waste*		
• Transport waste and store in an enclosed and secured place*		
• Conduct quality control activities related to waste handling in a health care environment		
• Clean up work areas in a health care environment		
I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purpose and can only be assessed by concerned assessment personnel and may manager / supervisor.		
<b>Candidate's signature:</b>	<b>Date:</b>	